

Vale Elementary

Fourth Grade Only

Growth and Development:

Understand physical, social, and emotional changes occur during puberty H1.Se2.4a

Recognize puberty and physical development can vary considerably H1.Se2.4b

Cashmere Middle School

Fifth Grade

Anatomy and Physiology:

Understand functions of reproductive systems. H1.Se1.5

Growth and Development:

Understand physical social, and emotional changes occur during puberty. H1.Se2.4a

Identify ways to manage physical, social, and emotional changes that occur during puberty. H7.Se.2.5

Describe how puberty and physical development can vary considerably. H1.Se2.5

Reproduction:

Recognize puberty prepares the body for reproduction. H1.Se3.5

HIV Prevention:

Define Human Immunodeficiency Virus (HIV). H1.Se4.5a

Identify methods of transmission and prevention of HIV. H1.Se4.5b

Healthy Relationships:

Explain importance of communicating with trusted adults about relationships. H2.Se6.4a

Demonstrate positive ways to communicate differences of opinion and feelings while maintaining relationships. H4.Se6.4

Differentiate between healthy and unhealthy relationships H1.Se6.5a

Understand how to support a peer to recognize healthy and unhealthy relationships. H8.Se6.5

Sixth-Eighth Grade

Anatomy, Reproduction and Pregnancy:

Identify parts of the reproductive systems. H1.Se1.6

Describe reproductive systems including body parts and functions. H1.Se1.7a

Describe the stages of a pregnancy from fertilization to birth. H1.Se1.7b

Summarize reproductive systems and their functions, including the path of an egg during ovulation and the path of sperm during ejaculation. H1.Se1.8a

Identify physical, emotional, and social effects of sexual activity. H1.Se1.8b

Puberty and Development:

Describe the physical, social, mental, and emotional changes that occur during adolescence. H1.Se2.8

Prevention:

Describe methods to prevent the transmission of STDs/HIV, including abstinence. H1.Se4.7b

Summarize signs, symptoms, potential impact, and treatment of STDs. H1.Se4.8b Identify medically accurate resources about contraceptive methods, STDs/HIV, and pregnancy. H3.Se4.8

Healthy Relationships:

Use a decision-making model to make a health-related decision. H5.Se4.8

Demonstrate communication skills that foster healthy relationships. H4.Se5.7a

Explain how to build and maintain healthy family, peer, and dating relationships. H1.Se5.8a

Define sexual consent and identify ways that consent can be communicated and accepted. H1.Se5.8b

Analyze the impact of technology and social media on friendships and relationships. H2.Se8.8.

Cashmere High School

Ninth Grade

Anatomy, Reproduction and Pregnancy:

Summarize fertilization, fetal development and childbirth. H1.Se1.HSa

Describe behaviors that impact reproductive health. H1.Se1.HSc

Explain the role hormones play in sexual behavior and decision making. H5.Se1.HS

Describe behaviors that impact reproductive health. H1.Se1.HSc

Puberty and Development:

Explain the physical, social, mental and emotional changes associated with being a young adult.

H1.Se2.HSa

Self Identity:

Explain the physical, social, mental and emotional changes associated with being a young adult.

H1.Se2.HSa

Understand the importance of personal and social responsibility for sexual decisions. H7.Se6.HS

Prevention:

Evaluate the effectiveness of abstinence, condoms and other contraceptives in preventing pregnancy and STDs/HIV. H1.Se4.HSa

Identify local youth friendly sexual health services. H3.Se4.HS

Understand that people can choose abstinence at different times in their lives. H1.Se4.HSb

Advocate for STD testing and treatment for sexually active youth. H8.Se4.HS

Use a decision making model to make sexual health related decisions. H5.Se4.HS

Healthy Relationships:

Compare and contrast characteristics of healthy and unhealthy romantic and sexual relationships.

H1.Se5.HSb

Demonstrate effective ways to communicate with a partner about healthy sexual decisions and consent.

H4.Se5.HS

WA State Laws:

Describe laws related to accessing sexual health care services. H3.Se6.HS

Understand importance of personal and social responsibility for sexual decisions. H7.Se6.HS